Internship Guide 2020

Procedure, opportunities, form of control etc everything you need to know. Read up to the end and get the answers to all your questions!

1st Year Masters

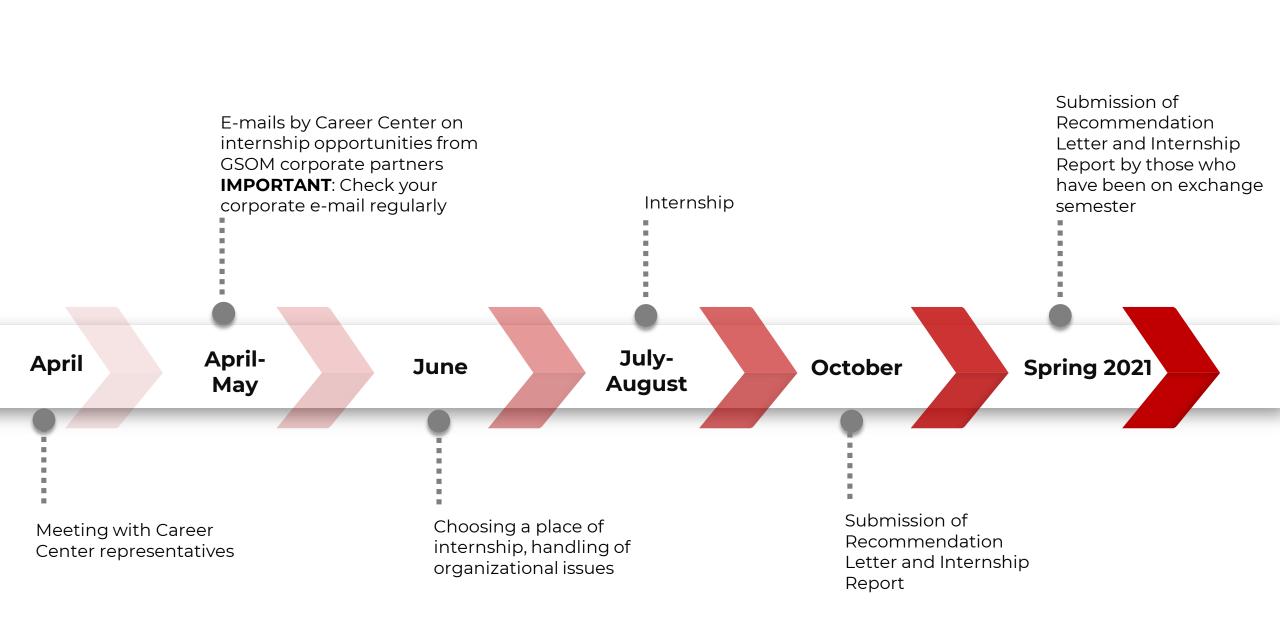
April 10th 2020



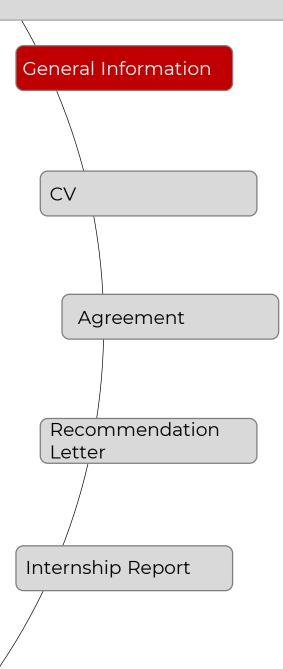




Obligatory Summer Internship: deadlines



Learn the General Requirements to Summer Internship



Official Documents



Regulations on organization and execution of summer internship program of SBbU

(Order Nº12836/1 dated 22.12.2017, download here>>)

Form of Control



Pass/Fail on the basis of **Recommendation Letter** from a company and **Internship Report** from a student

Time constraints



4 weeks in the period from 28th June till 31st August

Summer Internship is **obligatory** and cannot be abandoned

Ethics

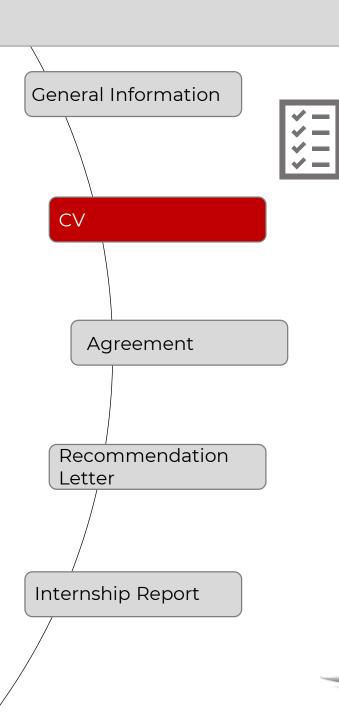


If you decide not to do an internship in a particular company please inform its HR-manager about your decision beforehand.

Internship will become an important component of your CV if it:

- meets the curriculum requirements and your study track;
- is done in Russian and international enterprises with strong reputation or in young rapidly growing companies;
- is accomplished on time and approached seriously.

Make up CV and Cover Letter



What you should definitely tell about in your CV:

about extracurricular trainings and workshops relevant to the position you are applying for;

about your expertise and prior work experience;

about your participation in student conferences and forums, volunteering projects etc;

about soft skills.

Download Career Center CV template in Russian here>

Download Career Center CV template in English here>>

Use other CV making services

Acenter

icanchoose

Pathbrite

Resumup

How to write Cover Letter:

Greet HR-manager.

Specify the position you are applying for and the reason why you are interested in it.

Describe shortly your work experience relevant to the position, in case of its absence tell what your skills and knowledge can be useful for the employer.

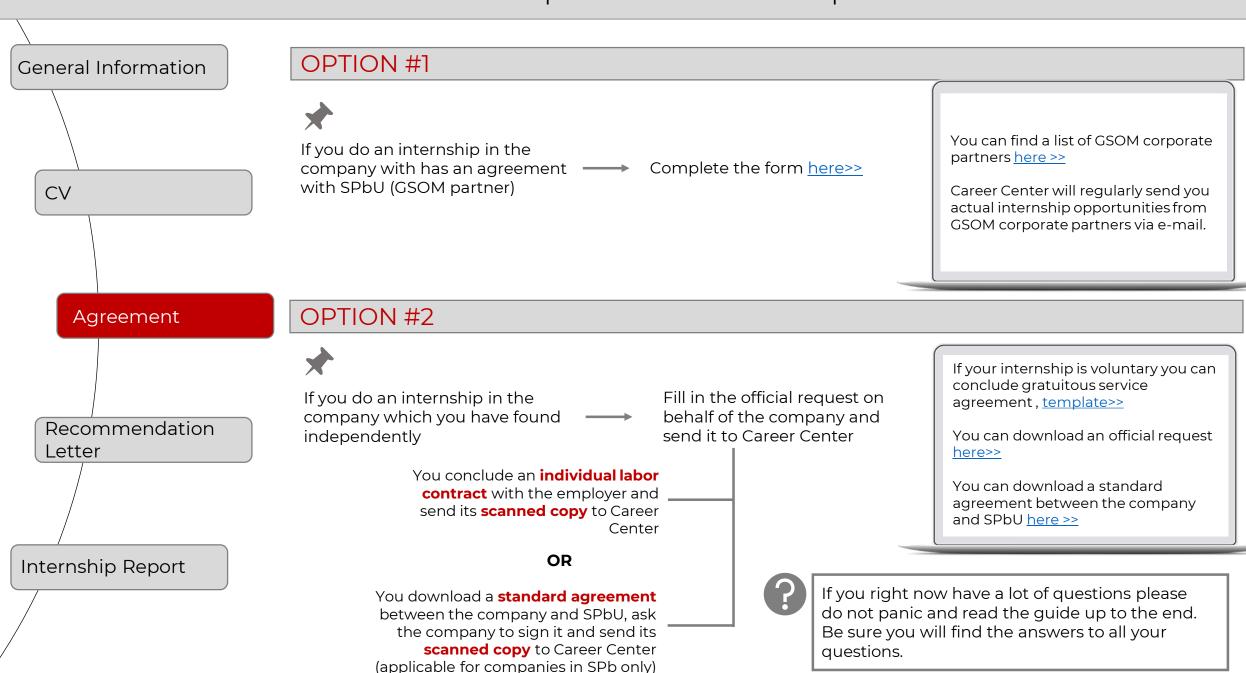
Add facts which can interest the company and make it choose you among the other candidates.

Thank for the attention to your CV.

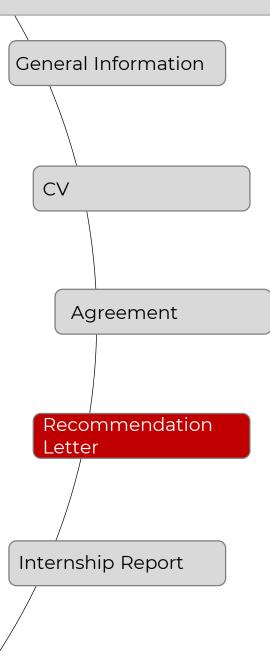
Bottom up you CL with contact information.

Cover Letter template you can find here>

Choose the Option to Do an Internship



Ask the Employer to Make up a Recommendation Letter for you



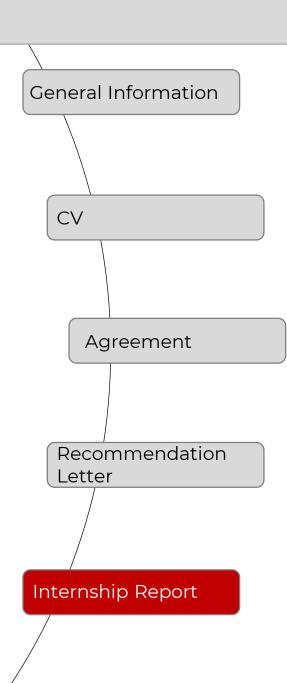
Requirements to Recommendation Letter

issued on the official letterhead of the company (if available);

includes the following information:

- Student's full name
- Program, year and level of studies (bachelor or master)
- Name of the company and department, contact information of the internship coordinator in the company
- Internship dates
- Main responsibilities of the intern, projects and cases he or she has been working at
- Knowledge and skills the student has acquired (both professional and personal)
- Outstanding qualities of the student
- Recommendations on the further professional and career development

Make up Internship Report



Requirements to the Internship Report:

- 1. Title page
- 2. Statement of unassisted report preparation (download>>)
- 3. List of contents
- 4. Introduction
- 5. Main results of the internship
- 6. Conclusion
- 7. List of used literature and information materials
- 8. Appendix (an individual task for internship, work schedule, additional tables, figures, graphs)

To get more information on how to make up an internship report please go here>



Summer Internship 2019: results

Number of Interns

131

Place of Internship

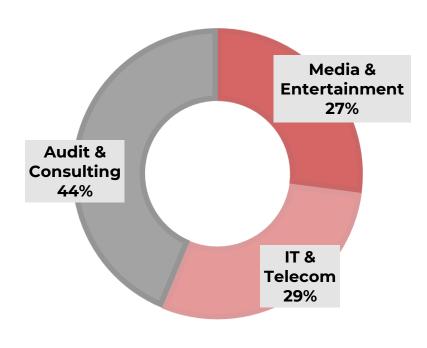
Saint Petersburg 99

Moscow 16

Regions 7

Abroad 9

Top Industries



Top Recruiters 2019 and Number of Interns

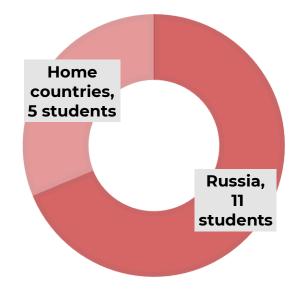
Gazprom neft	9
Urbanika	4
PwC	3
L'Oreal	3
Colliers International	3
Lenta	3
KPMG	2
BCG	2
Bain&Company	2
E&Y	2
Unilever	2

Opportunities for Foreign Students

For those who are not citizens of Russian Federation there are following options to do the internship:

- in their home country;
- in companies which usually provide internships for foreign students;
- in Saint Petersburg State University

Number of foreign students who did the internship in their home countries and in Russia in 2019



Colliers International

Ingria Business Incubator

Marriott Hotel

Coca-Cola

Gazprom neft

ASK-Roentgen

Galaktika Managing Company

Chinese Business Center

More Opportunities for Everyone



GSOM SPbU Career Center in collaboration with the European Management Development Fund presents the **Global Career Guide** project - a career portal designed to help students and graduates to find career opportunities around the world.



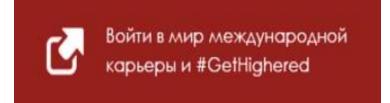


The portal contains the most relevant and interesting **vacancies** and **internships** in the leading companies - partners of EFMD Global Network around the world.

This resource is available only for students and graduates of GSOM SPbU.

To get registered please use your corporate e-mail.

Click Sign up



• What is an individual labor contract?

This is a contract the company concludes personally with you. Career Center accepts any labor contract drawn up in accordance with the requirements of the Labor Code of the Russian Federation.

If the company wants to amend the standard agreement concluded with SPbU, is this possible?

Yes, it's possible but after making amendments, it is necessary to receive a consent of the legal service of St. Petersburg State University (which takes time), and only after that it can be signed. **We do not recommend changing the standard agreement**.

• If the job description during internship does not correspond to my study track, but I want to do the internship in this particular company, what should I do?

Write a motivation letter to the academic director of your program (with a copy to Career Center) explaining why the internship in this company is important for you as a specialist, despite the discrepancy with the track.

If the exchange semester starts in September and I can compensate the internship with ETCS upon my return, is
it still necessary to do it?

Yes, internship is **obligatory** for everyone, regardless of the exchange semester. Moreover, the fact of you being assigned to do the internship in the particular company is necessary for getting current control pass.

If I already work and will continue to work during the internship, can this experience be counted?

Yes, this can be counted as the internship after sending a scan of your labor contract and **a statement of compliance** to Career Center. (download the statement here >>)

Instead of Epilogue

How to Find an Internship



- Check your corporate e-mail regularly
- Follow https://t.me/join_mcw to be the first to learn what internships GSOM partners offer
- Become a member of the private group
 https://vk.com/gsomlifehack and read the
 feedback on internships submitted by GSOM students
- Participate in <u>MCW Going Digital</u> and communicate with HR-managers of leading Russian and international companies

How to Find Career Center



363-61-61 (Mikhailovskaya Dacha) 323-84-65 (Volkhovsky per. 3)



careercenter@gsom.pu.ru



@ElizavetaTroyanova
@NadezhdaKrylova

Temporarily unavailable



Mikhailovskaya Dacha, room 2232 Wed and Fri

Volkhovsky per. 3, room 206 Mon - Fri