



# EXCHANGE PROGRAMME FACT SHEET ACADEMIC YEAR 2024/2025

## School address (Campuses)

Master Programs building  
& International Office:  
Volkhovskiy Pereulok - 3,  
St. Petersburg, 199004, Russia

Bachelor Programs building:  
Mikhailovskya Dacha Campus:  
Sankt-Peterburgskoye Shosse, 109,  
Peterhof, St. Petersburg, 198515, Russia

## Postal Address to send documents to

The documents regarding international cooperation with GSOM must be sent to the International office address

## Website GSOM SPbU

## Nomination procedure & deadlines (proceeded by a partner)

Inquire a link to proceed with nominations from any GSOM International Office team member.

### The nomination deadlines:

by April 25 for Fall semester

by October 15 for Spring semester

## Free mover option

A student who is not officially nominated by a partner University or is coming from the University that has no student exchange agreement with GSOM SPbU can be accepted for a semester as a free mover student (on a fee-paying basis).

## International Office Contacts

Volkhovskiy Pereulok - 3, Room 207

St. Petersburg, 199004, Russia

+7 812 323 84 47

[exchange@gsom.spbu.ru](mailto:exchange@gsom.spbu.ru)

### Head of the office (agreements, general cooperation issues):

Ms. Alisa Stepanova

[a.e.stepanova@gsom.spbu.ru](mailto:a.e.stepanova@gsom.spbu.ru)

**Outgoing students:** Ms. Ekaterina Soloveva  
(replacing Ms Bader) [exchange@gsom.spbu.ru](mailto:exchange@gsom.spbu.ru)

**Incoming students:** Ms. Ekaterina Soloveva  
[ekaterina.soloveva@gsom.spbu.ru](mailto:ekaterina.soloveva@gsom.spbu.ru)

**Visa issues:** Ms. Ekaterina Zhulanova  
[e.zhulanova@gsom.spbu.ru](mailto:e.zhulanova@gsom.spbu.ru)

### CEMS MIM Coordinator:

Ms. Olesya Ustimenko

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## Application procedure (proceeded by a student)

After students are nominated to GSOM they receive an e-mail with further instructions necessary for their application.

### The application deadlines are:

May 15 for Fall semester

October 25 for Spring semester

## Students' application package includes:

- latest university academic report (transcript) reflecting grades and GPA
- English language proficiency confirmation comparable to the min level expected: TOEFL ibt 80/ IELTS 6.0 or B2 on a test administered by a teacher qualified to work with CEFR
- a resume/CV
- passport copy (which must be valid for min 18 months since mid-August for those arriving in Fall; since mid-January for those arriving in Spring).
- if you plan to take courses which are taught in Russian: Russian language proficiency confirmation at the B2 level.

## Academic calendar

### Fall semester

01.09. – 31.01

### Spring semester

11.02. – 06.07

## Preliminary Arrival date

Two weeks prior to semester start (to be reconfirmed annually by announcing the exact date to the students)

## Preliminary Introduction days

Last week of August in Fall + around 2 days to enter Russia;  
First week of February in Spring + around 2 days to enter Russia.

*\*All dates change slightly and are timely reconfirmed each semester to the selected students.*

Abstain from planning ANY trips (including the return date) until a complete exam schedule is published: only midterm and online exams can be retaken. Note that GSOM SPbU doesn't provide with the alternative exam arrangements.



**Introduction period:** Smoother adjustment to a new culture

**Participation:** highly recommended, though not obligatory.

**Content:** tours around GSOM SPbU campuses, information meeting with key persons, Russian language crash course and a concurrent social and cultural program organized by GSOM Buddy Team.

**NB:** On the first days of the Intro week, all exchange students must deal with the registration at Federal Migration Service; thus coming to Int.Office right upon arrival is a must.

**Doing business in Russia:** Get below the surface of preconceived ideas about living and working in Russia

Twice a year at the beginning of the semester a three week intensive module Doing Business in Russia is held for all newly arrived international students\* at GSOM. The course includes company visits, guest lectures from business practitioners and students' final business project presentations.

*\*the availability of the course is reconfirmed each semester*



### **30 ECTS full-time workload**

Exchange students are expected to complete 30 ECTS/semester (including a Foreign language course).

If your desirable workload significantly differs from the required one, you must enclose a statement from your home university confirming it.

Class attendance is mandatory and crucial for your grade.

### **Courses for Exchange Students**

The [course list](#) is annually reviewed and once confirmed is published with a few changes before the start of each semester.

## Special study conditions due to medical reasons

In case it is officially prescribed for a student to study under special conditions due to medical reasons, it must be supported upon the student's arrival by presenting to the International office an official medical document stating certain conditions to be taken into account.

## Health Insurance: Safety net to avoid extra expenses in case of health problems

- must cover the whole period of the stay in Russia
- required when extending single entry visa (check the guide to see GSOM requirements).
- may become a reason for rejection of a visa application if absent.

## Visa

An official letter of invitation from GSOM SPbU is required to apply for a visa (prepared by GSOM within 4 weeks after application deadline).

According to Russian Federation legislation, students may only request a 90 day Russian student visa with a single entry. Upon the arrival students are officially enrolled to GSOM SPbU (20 working days), after which they are invited to GSOM IRO to apply for a multi-entry visa. The processing time of extending visa is 5 weeks. You should not therefore plan to travel outside of SPb during this period.

## Accommodation in SPbU Dorms: Quick social networking and money-saving option

Booking: automatically provided to all international students.

Cost: up to 100 euro/month.

Master exchange students are placed in ulitsa Kapitanskaya, dom 3, (30 min by public transportation from GSOM). Conditions: basic, shared rooms for 2-3 students with joint kitchen and shower facilities.

Bachelor exchange students are offered a space in the territory of the Mikhailovskaya Dacha campus. Conditions: 3-4 rooms, one for each student, in a flat-type blocks with showers and equipped kitchen.

NB: Student is allocated a place in the dormitory in accordance with the order established by the University (it is impossible to choose a roommate unless offered before your arrival by SPbU's initiative).

## Private accommodation & Registration in the city

Students may stay «off-campus» but must arrange for this independently. Those students who will choose to stay at a private place will have to deal with the registration procedure individually together with the owner of the place they rent (see the relevant page in the students' guide for more information). Monthly rent for a 1 bedroom apartment ranges from 30,000 Rubles and higher. There are many options on the internet as well as some tips in the GSOM exchange student Facebook group. GSOM doesn't accumulate this kind of information and is not entitled to advice on the matter.

## Mandatory Expenses

1. **Dormitory accommodation:** the monthly cost for the Master level dormitory is around 5000 rub., Bachelo level - around 10 000 rub. (excluding additional expenses for internet access, laundry, and other supplements).
2. **Lung x-ray** (around 1000 rub.) to present (1) while checking in to the dormitory; (2) for the Medical Check-Up (see below). We recommend taking the lung x-ray in Russia.
3. **Visa fee:** the prolongation of your visa costs 1600 rubles and is mandatory for all students who wish to prolong a visa.
4. **Obligatory Official Medical Check-Up for Migration Registration Purposes:**  
Since 2022 all international citizens staying in Russia for more than 90 days must undergo obligatory medical check-up and submit their photos and fingerprints for Migration Registration purposes at the main Multi-Functional Center (ul. Krasnogo Tekstilschika, dom 10-12).  
\*This service is provided on a fee-paying basis covered at a foreign citizen's expenses.  
\*The cost of the service varies around 7 000 rubles.  
\*Details can be studied in the relevant section in the guide.

## Conditions and cost of living

There are many shopping centers in SPb as well as a number of local markets, convenience stores with the most common daily goods and 24/7 supermarkets. Public transportation (per ride): bus, 60 R., metro 70 R. Student public transport card can be purchased for the duration of the exchange semester.

A hot meal in the GSOM cafeteria with soup or salad and a main course and a glass of a fruit drink: 250 R.

Living costs depend on life style and spending habits. On average an international student spends about 25,000 -30,000 RUR (excl. rent)\*.

See more [examples of specific prices](#).

## Booking return tickets

AVOID booking your return ticket until you know the exact dates of the semester confirmed by the academic offices (as a rule announced to you with the relevant course lists) as the date of the end of the semester will be the date when your visa expires. Otherwise you risk being forced to change your tickets.

GSOM also does not recommend to plan your return date until you have an exam schedule with dates of final assessment for all the courses you are registered for.

## Public Holidays **Fall Semester**

November 4 – National Unity Day

January 1-7 – New Year Holidays

January 7 – Orthodox Christmas

## **Spring Semester**

February 23 – Defender of Motherland's Day

March 8 – International Women's Day

May 1 – Spring and Labor Day

May 9 – Victory Day

June 12 – Russia National Day



**We look forward to welcoming you at St. Petersburg University and GSOM!**



[GSOM official video](#)

[Video from students contest "My GSOM"](#)

[Join our business family](#)

[My GSOM, My SPbU 2015: How to make it](#)

[CEMS Annual Events St.Petersburg 2015](#)



**GRADUATE SCHOOL OF MANAGEMENT SPbU**  
THE NO. 1 BUSINESS SCHOOL IN RUSSIA AND EASTERN EUROPE